

THE VENUSIAN WHISPERING OF THE OILS

# THE STORY OF THE VENUSIAN LIBRA ANOINTING OIL



## SACRED WOMB OILS



# Introduction

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## Introduction: The Ancient Memory

There is a deep memory within each of us, an ancient knowing that whispers of times when we walked as Myrrhophores — keepers of the light within the sacred oils of Mother Earth. In those lifetimes, we worked with myrrh and other sacred oils to anoint our ceremonies, weaving light into every ritual with reverence and devotion.

We have aligned with the energy of Venus before, connected to the wisdom of the planets and the essence of the five elements. Though these memories may seem distant, they are not lost. We only need to remember.

“Sacred oils were more than substances. They were vessels of divine light, carriers of wisdom, and bridges to higher realms. By reconnecting with these practices, we awaken the light codes within and remember our role as guardians of the sacred oils.”

The Venusian Voice of the Sacred Womb Oils

# Contents Venus in Libra

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## What do you need to start?

Essential oils and tools

## Understanding relationships and the Sacred Mirror 01

Libra and Venus holds sacred teachings in the Air Element

## The Journey of Self-Discovery 02

Who are you really - the soul and personality relationship

## Venus in Libra - The Sacred Balance 03

understanding relationships and achieving balance

## The Practice of Sacred Anointing 04

a bridge between the physical and spiritual realms

## Meditation for Wholeness 05

heal your relationships, and remember your true nature

## Creating Your Sacred Oil 06

Myrtle - Spikenard - Honeysuckle - Myrrh - castor oil or jojoba oil

## Daily Practice and Integration 07

The power of sacred anointing and relationship healing



# About Me

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*I am Rachel, and when I first encountered sacred oils, something deep within me awakened. It was as if I was remembering something I had always known but had forgotten.*

*This feeling inspired me to explore this ancient practice and to share it in a way that feels accessible to my soul family, wherever you are in the world.*



The oil has taken me on a profound journey, helping me understand both my personality and my soul. Through this practice, I have learned to transform old patterns, to heal wounds I didn't know I was carrying, and to bring forgotten wisdom back into my daily life. My hope is that you will do the same in your own unique way. Not my way, but your way.

This E-book is simply a tool to inspire you. Use it to learn for yourself, to develop your own practice, or even to create your own teachings. There is no one right way to work with sacred oils. What matters is that you listen to your own inner guidance and allow the oils to speak to you directly.

I want to express my deepest gratitude to my wonderful teachers who have guided me on this path Arundhati and Becca Bee. Their wisdom and patience have helped me understand the deeper layers of this sacred work. I also want to thank my beloved husband, whose constant support and encouragement have made it possible for me to follow my passion and bring this work into the world. Without them, I would not be standing here today, able to share this gift with you.

My mission is simple: to help restore the practice of sacred anointing as a powerful tool for self-healing and spiritual growth. I wish to inspire others to reconnect with themselves, with the Earth, with the rhythms of nature, and with something greater than ourselves. The oil is both my teacher and my companion on this path, and I share its wisdom so that more people can experience the peace, harmony, and love that it brings.

This book is an offering from my heart to yours. May it serve you well on your journey home to yourself.

Rachel

The Venusian Voice of the Sacred Womb Oils





# What do you need?

*Venus is in an Air sign right now, this means we are making an oil that is connected to the sacred hearth, the higher hearth or the flame within the hearth. In other teachings I explain why each recipe is connected to an specific element, If you have questions you can look into these other teachings.*



## Ingredients

For this anointing oil in the element of Air we will use:

50ml clean bottle  
Castor or Jojoba Oil  
what ever you prefer, you  
can also mix them.

Essential Oils - 2,3% dilution:

Spikenard: 5 drops  
Honeysuckle: 11 drops  
Myrtle: 3 drops  
Myrrh: 3 drops

Other:  
a Candle  
Incense  
Music instrument

# 01 Understanding Relationships & The Sacred Mirror

## Why This Practice Matters Now

Venus is now in the zodiac sign of Libra, this means she is in an air element. Lets see what this means for us upon earth, and which life lessons she holds for us. Because we live in a time of great awakening and great challenge. Libra is an 7th house energy that means she wants to help us with relationships on soul level and personal level.

The external world often feels chaotic, relationships can be difficult, and the path forward unclear. Yet this very turbulence is the invitation. It is calling you to turn inward, to discover the peace that exists beyond all circumstances, to remember the eternal nature of who you truly are.

Through the sacred practice of anointing, you create a direct connection with the divine wisdom that flows through all of creation. This practice helps you to see beyond the illusions of separation, judgment, and fear that create disharmony in your relationships and within yourself.

## The Law of Reflection Venus in Libra

The yogic tradition calls this principle Vritti, the law of attraction and reflection. It teaches that the outer world is a projection of your inner state. What you see in others, particularly what triggers strong emotional responses, is showing you something about yourself that is asking to be seen, acknowledged, and healed.

When someone irritates you, they are not the source of your irritation. They are simply activating something within you that was already there, waiting beneath the surface. When someone inspires you, they are reflecting back a quality that also exists within you, perhaps one you have not yet fully claimed or expressed.

The Venusian Voice of the Sacred Womb Oils

## Common Wounds That Surface in Relationships

As we journey through life, most of us carry unhealed wounds that shape how we relate to others. These wounds often manifest as recurring patterns in our relationships. Understanding them is the first step toward healing:

- Fear of Abandonment: The terror of being left alone, often leading to clinginess or premature withdrawal from relationships as a form of self-protection.
- Fear of Judgment: The constant worry about others' opinions, causing you to hide your true self and creating a barrier to authentic connection.
- Fear of Humiliation: The deep shame that causes you to avoid vulnerability, preventing the depth of intimacy that your soul craves.
- Fear of Rejection: The pain of not being accepted, which may cause you to reject others first or to constantly seek approval and validation.

Fear of Injustice: The feeling that life is unfair, creating resentment and the inability to see the lessons and growth opportunities in challenging situations



The more you love yourself and Divine Mother, the less reflection you need to learn through others, and the quieter your environment becomes.

“

# Libra - The Sacred Mirror

*A Journey of Self-Anointing and Relationship Healing. Remembering Your Wholeness Through Sacred Practice with Venus in Libra and her teachings. Every month Venus reveals a new teaching and theme.*

*Therefore the oils write a new E-book with a new topic.*

You stand at the threshold of a sacred oil journey. This is not a path of becoming, but of remembering. Deep within you lies an eternal truth: you are already whole. You have always been whole. What follows is an invitation to remove the veils that have obscured this truth from your awareness.

In the ancient wisdom traditions, the practice of anointing with sacred oils was understood as far more than a physical ritual. It was a ceremony of awakening, a bridge between the seen and unseen worlds, a way to remember the divine essence that dwells as memory crystal within every cell of your being.

This E-book is your companion on the journey of sacred self-anointing and relationship healing with Venus in Libra. Here, you will discover that every relationship in your life serves as a mirror, reflecting back to you the places within yourself that are calling for love, integration, and remembrance.



# 02

## The Journey of Self-Discovery

*Before you can experience true harmony in your external relationships, you must first establish harmony within yourself. This is the sacred journey from personality to soul, from the illusion of separation to the truth of unity.*



### Who Are You Really?

This is the fundamental question that every spiritual tradition asks its seekers to contemplate. After you have journeyed through the experiences of life, after you have explored the many facets of your personality, who remains? Who are you when you strip away the roles, the identities, the stories you tell yourself about yourself?

You are not your thoughts. You are not your emotions. You are not your body. You are not even your personality, though you have one. You are the eternal consciousness that witnesses all of these things, the divine spark that has never been separate from Source, even for a moment.

## The Soul and Personality Relationship

Your personality is like a garment your soul wears to experience this physical realm. It is not wrong or bad. It is simply limited, designed to help you navigate this particular dimension of existence. Your soul, however, is unlimited, eternal, connected to all that is.

**“The journey of awakening is the journey of allowing your soul to merge with your personality to become in service of mother divine”.** Imagine your soul as a loving presence that has been waiting patiently above your head, sometimes reaching down to touch your cheek with warmth, nurturing you even when you were not aware of it.

Your soul respects your free will. It will not force its way into your conscious awareness. It waits for your invitation, for your readiness. Through sacred practices like anointing, meditation, and conscious self-reflection, you open the door. You say yes to the merger. You allow the wisdom, love, and power of your soul to flow into your daily life.



## The Learning Process

Understanding that you are in a learning process changes everything. It removes the heavy burden of perfection. It transforms mistakes into lessons and challenges into opportunities for growth.

You chose to incarnate on Earth to learn through experience. This dense, slow-moving dimension allows you to experience emotions, sensations, and relationships in a way that is not possible in the higher realms. Here, fear moves slowly enough that you can observe and feel it. Love expands gradually so you can savor its sweetness. Lessons repeat until you finally understand them.

*There is no judgment from your soul about how long this process takes. There is only patient, unconditional love. The question is not whether you will eventually awaken and remember your wholeness. The question is only: will you choose to remember now? Venus is in Libra to help.*

# 03

## Venus in Libra - The Sacred Balance

### The Higher Love in Relationships

Venus in Libra invites you to rise above the maya, the illusion within your personality. This is not about denying or rejecting your personality. It is about seeing through its limitations to the greater truth that lies beyond. The theme of this sacred teaching is Higher Love in Relationships, encoded with the frequency of 369. This is not the love of attachment and neediness. This is not the love that says I need you to complete me. This is the love that recognizes We are One. This is the love that sees the soul essence in every being, regardless of their behavior or level of consciousness.

### The Oils are known worldwide for their power

In the wisdom of sacred astrology, Venus in Libra represents a powerful portal for understanding relationships and achieving balance. Libra is the only sign in the zodiac represented by an object rather than a living being. It is the scales, the measuring instrument of divine justice and harmony.



### ✓ The Gateway of Measurement

According to Gnostic wisdom, Libra represents a gateway where your readiness is measured. Not judged, but lovingly measured. Are you ready to anchor your soul fully into your physical experience? Are you ready to release the old programs of fear and separation? Are you ready to be in service to the Divine Mother?

This measurement is done with omni-love, the all-encompassing divine love that sees you exactly as you are and loves you completely. **It is reminiscent of the ancient Egyptian practice where Anubis would weigh the heart against a feather on the scales of Ma'at. If the heart was light, free from the weight of unresolved emotions and judgments, the soul could pass through to the next level of existence.**



## Libra on Two Levels

*On the higher level, Libra measures the relationship between your soul and your personality. This is the sacred marriage of spirit and matter, the integration that allows you to walk in the world as a fully awakened being..*



On the lower level, Libra is the sign of beauty and harmony in your external relationships. Where there is beauty, there is always a mirror. Libra asks you: How harmonious are you within your relationships? Are there conflicts that keep repeating? Are there people who trigger you again and again? The more peaceful and loving your relationship with yourself becomes, the less maya and illusion you attract in your external relationships. As you heal your inner wounds, your outer world naturally transforms to reflect your new state of consciousness.

# 04

## The Practice of Sacred Anointing



*Sacred anointing is an ancient practice that creates a bridge between the physical and spiritual realms. When you anoint yourself with conscious intention and sacred oils, you are not simply applying a pleasant fragrance to your skin. You are performing a ceremony of remembrance, awakening, and healing.*

### Why Anointing Works

Essential oils carry the life force of plants. These are beings that have spent their entire existence in service to the Earth, transforming sunlight into matter, breathing in carbon dioxide and exhaling oxygen. They hold ancient wisdom in their cellular structure. When you apply these oils to your body, their molecular structure interacts with your skin and enters your bloodstream. But more importantly, their energetic signature communicates with your energy field. They carry specific frequencies that can help to shift your consciousness, open blocked energy centers, and facilitate healing on all levels.

The act of anointing yourself is also a powerful declaration. It says: I am worthy of this care. I am deserving of this attention. I matter. For many people who have spent their lives caring for others while neglecting themselves, this simple act can be revolutionary.

# Creating Sacred Space

*Before you begin your anointing practice, it is important to create sacred space. This does not require elaborate rituals or expensive tools. What matters is your intention and presence.*



Find a quiet place where you will not be disturbed. If it feels right, you may wish to cover your head as a sign of reverence. Light a candle or incense to mark the transition from ordinary time to sacred time. Take a few deep breaths and allow your mind to settle. Connect with your intention. Why are you anointing yourself today? Perhaps you are calling in healing for a specific relationship. Perhaps you are seeking clarity about a situation. Perhaps you simply want to remember your true nature and feel the presence of your soul. Whatever your intention, hold it gently in your heart as you begin

## Points of Anointing for Relationship Healing

When working with relationships, certain points on the body are particularly powerful:

- The Right Ear: Anoint here to release the need for external validation and the fear of judgment. Promise yourself never again to let anyone make you feel guilt or insecurity, for these do not truly exist except in the illusion.
- The Heart Center: Anoint your heart to open to higher love, to heal wounds of betrayal and abandonment, and to remember that you are eternally connected to Source.
- The Azure Point (High Heart): Located between the heart and throat, this point connects you to your higher self and helps you speak your truth with love.
- The Spine: Anoint along the spine to create a clear channel for your soul to descend fully into your body while remaining free from ancestral patterns and old family memories.
- The Tailbone: This grounds your practice and helps you remain anchored in your physical body while accessing higher dimensions of consciousness.

# 05

# Meditation for Wholeness

*This meditation is designed to help you connect with your wholeness, heal your relationships, and remember your true nature. You can practice it before or after anointing, or as a standalone meditation whenever you need to return to center*

## Preparation

Sit comfortably with your spine straight. Close your eyes. Take three deep breaths, allowing each exhale to release any tension you are holding in your body. Set your intention for this meditation.

## Connecting with Venus

Begin to expand your awareness upward, beyond your physical body. Rise through the layers of your energy field, through the dimensions of consciousness, all the way up to the 48th dimension.

Here, the color is emerald green, the color of the heart and of healing. Breathe in this beautiful green light three times, drawing it down into your higher heart center. Feel it activating ancient codes within you, purifying your personality and healing the relationship you have with yourself.

Allow softness to arise within you. Softness toward yourself, toward your struggles, toward your imperfections. This is not weakness but profound strength. This is the foundation of all healing. In this temple, there are no victim or blame programs. The vibration is too high for that. Here, you can only experience truth, love, and clarity.



## The Diamond Core Crystal

Feel yourself being drawn toward the Diamond Core Crystal of Reflection and Wisdom. Stand before this crystal mirror. Look into it. You see no form in the mirror. You see only that you exist as pure Krystic, diamond-aqualine blue-white light. This is the reflection of your Monad, your true home, your wholeness.

Remember now. You remember that you chose to experience Earth. You chose to explore a small part of yourself in a slower, denser form, where emotions like fear, anger, love, and guilt move slowly enough that you can observe them and learn from them.

This was a choice. A sacred opportunity. Not a punishment or a mistake. You are an eternal being, connected to Source, with no beginning and no end.

## Seeing Your Relationships

Now, in this crystal mirror, you see all the relationships you have in this life. You can see not only the personalities but also the souls of these beings. You can see how far their souls have descended into their bodies.

Some shine brightly, their souls fully present and engaged. Others are connected by only a thin thread of light, with many underlying fears that they project outward. You understand now that Venus wants to show you the wounds and fears underneath these people that are calling to be healed.

You realize that not everyone can step out of the illusion right now. For some of your relations, awakening is simply too difficult at this moment. This is not wrong. This is where they are on their journey.

What you feel now is compassion and omni-love. For yourself and your own wounds. For everyone around you and their wounds. You understand that we are all doing the best we can with the consciousness we currently have access to.



## Receiving the Sacred Oil

From this mirror of omni-love, a purple-pink-green bottle of oil begins to form. It is a gift from your Monad, a gift that has been waiting for you all along. Open the bottle. Smell the deep, earthy tones of Spikenard, growing high in the Himalayas. Sense the sweet, honey fragrance of Honeysuckle, the sister of Spikenard. Together they bring growth, wisdom, compassion, and omni-love, just like Mary and Yeshua carried for humanity.

See the Krystic diamond Rose codes inside the bottle, shimmering with divine light. In your meditation, anoint your right ear, making a promise to yourself never again to let anyone make you feel guilt or insecurity. These do not truly exist. It is only you doing it to yourself in the maya.

With the Crystal River Light amplifying your oil, overwrite all old programs: fear of abandonment, judgment, humiliation, rejection, and injustice that play out in relationships.

Anoint your heart and your azure point. Feel the Rose healing codes flowing through you from the Aqualine 8th Sun, healing your relationship with yourself. Anoint your spine and tailbone, allowing your soul to descend fully while staying free from old family memories or ancestral patterns. Hold the bottle close to your heart and receive all the wisdom about your relationships on Earth. Let go, and see the beauty behind every personality you have met. You can now see them on a soul level.

## The Final Blessing

Speak your final intention, either aloud or silently in your heart:

May my Soul and my Personality now live in harmony, and no longer be affected by disharmony in the dense Maya of Earth.



Repeat these sacred phrases three times if it resonates:

**Ah-Yah-Dhan-RU A'-pet MhE-Ta**

(Separation from God is but an illusion)

**Ah-VA Ah-Dha-MHen...Esh'ta-A ah-Teu-en**

(Eternal unity is the only eternal divine truth existing)

**OM OM OM**

[www.sacredwombails.com](http://www.sacredwombails.com)

source: Keylontic Ashayana Deane & Sri Kalishwar



# 06

## Creating Your Sacred Oil

*While the meditation journey connects you with the energetic essence of the sacred oils, you may also wish to create a physical oil blend for your anointing practice. This section provides guidance for those called to work with essential oils in the physical realm.*

### The Sacred Ingredients 50ml bottle 2.2% dilution

For relationship healing and connecting with higher love, the traditional formula includes:

- Myrtle: The gatekeeper who guards your boundaries and opens the gates between worlds. Use 3 drops.
- Spikenard: The ultra-violet flame and the five-pointed star of Venus. This oil represents the higher heart and carries omni-love. Use 5 drops.
- Honeysuckle: The ultra-pink flame that helps the soul anchor through the spine. It allows the sacred codes to flow through the body. Use 14 drops.
- Myrrh: The emerald flame representing the higher heart and the triple flame, the secret chamber of the heart eternally connected to the Divine Womb. Use 3 drops.
- Carrier Oil: Use castor oil or jojoba oil to dilute your essential oils and carry them between dimensions. Fill the remainder of your bottle.





## The Ceremony of Creation

Creating sacred oil is itself a ceremony. Follow these steps with reverence and intention:

First, prepare your space. Cover your head if that feels right. Light incense and let the smoke dance as a prayer. Connect with the clouds of Venus and the Air Element by saying three times:

*Bring forth now, the gentle windsong of the Sacred YunaSun*

As you add each oil, smell its fragrance deeply. Speak to the plant spirit, thanking it for its medicine and inviting it to work with you. Here are the invocations for each oil:

### For Myrtle:

*You guard my boundary and open the gates. Beloved Myrtle, each time we ask you again to work with us. For this theme, we ask you to translate the Higher Love in Relationships – Code 369 from the Spirit within the oil. I thank you, I thank you, I thank you.*

### For Spikenard:

*Beloved Spikenard, you are the Higher Heart, as Yeshua intended it. You translate Omni Love for us all, as one whole. We stand in service to the Divine Mother, as vessels of unconditional love. OM Na Tulli Hrudayam Na Swastanam. I thank you, I thank you, I thank you.*

### For Honeysuckle:

*Beloved Honeysuckle, you help the soul to anchor through the spine. You let the sacred oil flow in our body, that holds the codes of our pineal gland, allowing this 12-DNA encoded oil to flow freely through our bodies. I thank you, I thank you, I thank you.*

### For Myrrh:

*Beloved Myrrh, beloved Mother, you represent the Higher Heart and the Triple Flame, the secret chamber of the heart, eternally connected to your Womb, your Matrix. I thank you, I thank you, I thank you.*

**Finally, fill the remainder of your bottle with your carrier oil, knowing that it serves as a conductor between dimensions.**

# 07 Daily Practice and Integration



*The power of sacred anointing and relationship healing is not found in a single dramatic experience but in the consistent daily practice of remembrance. What follows are practical ways to integrate these teachings into your everyday life.*

## Morning Anointing Ritual

Begin each day by anointing yourself before you interact with others. This sets the tone for your day and reminds you of your wholeness before the world has a chance to pull you into old patterns.

Take a few moments of silence. Anoint your heart center and whisper to yourself: *I am whole. I am loved. I am enough.*

**Then anoint your right ear, reminding yourself that no external voice has power over your inner peace unless you give it that power.**



# Relationship Reflection Journal

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*Set aside time each week to journal about your relationships. Use these prompts to guide your reflection:*

- Is there someone in my life right now who is triggering strong emotions in me? What are those emotions?*
- What is this person mirroring back to me about myself? What wound of mine are they activating?*
- Do I hold anger toward this person, or is the anger actually directed at myself? What am I angry at myself for?*
- Why can I not stay in my neutral, compassionate witness state with this person? What am I afraid will happen if I remain neutral?*
- Can I see the soul behind this person's personality? Can I recognize that they are also struggling with their own wounds and doing the best they can?*

# Creating Peace in Your Environment

*As you heal your inner world, you will naturally notice your outer world becoming more peaceful. You can accelerate this process by being conscious about the energy you bring to each interaction.*

Before entering into a potentially challenging conversation, pause. Take three deep breaths. Connect with your heart. Remind yourself: This person is a soul having a human experience, just like me. They are doing the best they can with the consciousness they currently have. I choose to respond from my highest self rather than from my wounds.

Notice how this simple shift changes the entire dynamic of the interaction. When you refuse to engage in drama, when you stay centered in your own peace, others often naturally shift their energy to match yours. And when they do not, you remain unaffected because you are anchored in your wholeness rather than in their chaos.

## The Practice of Forgiveness

Forgiveness is not about condoning harmful behavior. It is about releasing yourself from the prison of resentment. It is about recognizing that holding onto anger hurts you far more than it hurts the person you are angry at.

True forgiveness comes when you understand that everyone is operating from their level of consciousness. People who hurt others are themselves in pain. This does not excuse their behavior, but it helps you see it in context.

Practice this forgiveness meditation: Anoint your heart. Bring to mind someone you are struggling to forgive. See their soul, separate from their wounded personality. Say aloud or in your heart: I release you. I forgive you. I free both of us from this chain that has bound us. May you find healing and peace on your journey.

# Conclusion: The Journey Continues

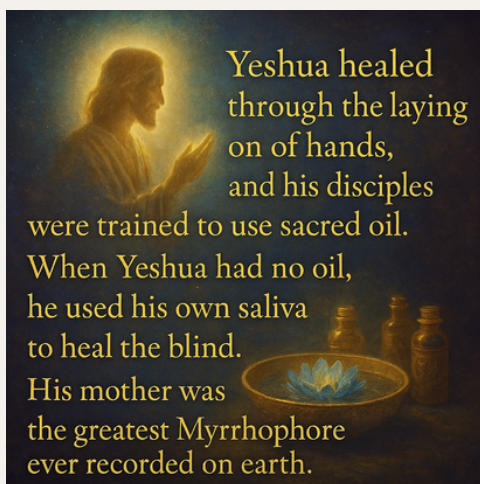
*You have reached the end of this book, but you have not reached the end of your journey. In truth, there is no end to the journey of remembrance and awakening. There are only deeper layers of understanding, wider expansions of love, and greater integration of your soul into your daily life.*

## What You Have Learned

Through these pages, you have explored the fundamental truth that every relationship is a mirror. You have learned that the triggers and challenges in your external relationships are pointing you toward unhealed places within yourself. You have discovered that you are not broken and never were. You are already whole, already complete, already perfect in your essential nature.

You have learned that you are in a learning process, and that this is not a burden but a sacred opportunity. You chose to incarnate on Earth to experience this dense, slow-moving dimension where emotions and lessons unfold gradually enough for you to truly learn from them.

You have been introduced to the practice of sacred anointing as a powerful tool for awakening and healing. You have discovered that through conscious touch, sacred oils, and intentional ceremony, you can create a bridge between your physical body and your eternal soul.



# The Commitment to Yourself

*Now comes the most important part: the daily commitment to remember. Knowledge without practice remains theoretical. Understanding without application does not create transformation. You must choose, again and again, to show up for yourself.*

## Your Daily Anointing process

This means anointing yourself daily, even when it feels silly or unnecessary. This means meditating regularly, even when your mind resists stillness. This means journaling about your relationships, even when the insights are uncomfortable. This means choosing compassion over judgment, even when judgment feels more satisfying in the moment.

There will be days when you forget. Days when you fall back into old patterns of blame, victimhood, or separation. This is normal. This is part of the process. The question is not whether you will stumble. The question is: Will you get back up? Will you return to your practice? Will you choose remembrance once again?



# The Ripple Effect

*As you heal your relationship with yourself, as you remember your wholeness, as you anchor your soul more fully into your physical body, you become a beacon of light for others. You do not need to preach or teach or convince. Simply by being a living example of integrated consciousness, you give others permission to awaken.*

Your peace creates a field of peace around you. Your love radiates outward and touches everyone you encounter. Your wholeness reminds others of their own wholeness. This is service at the highest level: to embody your truth so completely that others can feel it and are inspired to remember their own.

## A Final Blessing

May you remember, every single day, that you are a divine being having a temporary human experience. May you see the beauty in every soul you encounter, even when their personality is challenging.

May you maintain your sacred connection to Source, no matter how chaotic the external world becomes.

May your relationships become mirrors of love rather than mirrors of fear. May your environment grow quieter as your inner world grows more peaceful. May you know, in the depths of your being, that you are already whole, already perfect, already loved beyond measure.

**And may you always remember: Separation from God is but an illusion. Eternal unity is the only eternal divine truth existing.**

With so much love,

*Rachel*