

THE VENUSIAN WHISPERING OF THE OILS

# THE STORY OF THE VENUSIAN SCORPIO ANOINTING OIL



## SACRED WOMB OILS



# What the Anointing Can Mean for You

Making this oil is already the first transformation. As soon as you feel the inner movement to create her, she is already at work. This is no coincidence — oil is one of the oldest ceremonial tools on earth, used by priests and priestesses across all continents and ages. When you mix the ingredients with intention, perform the ceremony, and bless the lotus water, you begin rewriting your cellular structure. You are not just filling a bottle — you are building a bridge between your daily consciousness and your soul.

This oil contains codes. Activated by Venus, carried by the Crystal River, woven into every drop. An activated spirit in the oil is an ally — a companion who works with you on your path. She reads your energy field, knows your intentions, and supports your transformation in ways your conscious mind cannot always follow.

Transformation is the theme of this oil. For many, this is the turning point in their lives — the Scorpio moment when everything changes. She helps with the reorientation of your ego and thought patterns. She is a light on points of crisis and inner turmoil, not to take away the crisis, but to carry you through the darkness to where you truly belong.

*This is not a gentle oil that comforts you — this is an oil that guides you, she awakens the kundalini. She asks you to go through the gates of the underworld, to die to what you thought you were, and to be reborn as who you truly are.*

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# About Me

*I am Rachel, and when I first encountered sacred oils, something deep within me awakened. It was as if I was remembering something I had always known but had forgotten.*



*This feeling inspired me to explore this ancient practice and to share it in a way that feels accessible to my soul family, wherever you are in the world.*

The oil has taken me on a profound journey, helping me understand both my personality and my soul. Through this practice, I have learned to transform old patterns, to heal wounds I didn't know I was carrying, and to bring forgotten wisdom back into my daily life. My hope is that you will do the same in your own unique way. Not my way, but your way.

This E-book is simply a tool to inspire you. Use it to learn for yourself, to develop your own practice, or even to create your own teachings. There is no one right way to work with sacred oils. What matters is that you listen to your own inner guidance and allow the oils to speak to you directly.

I want to express my deepest gratitude to my wonderful teachers who have guided me on this path Arundhati and Becca Bee. Their wisdom and patience have helped me understand the deeper layers of this sacred work. I also want to thank my beloved husband, whose constant support and encouragement have made it possible for me to follow my passion and bring this work into the world. Without them, I would not be standing here today, able to share this gift with you.

My mission is simple: to help restore the practice of sacred anointing as a powerful tool for self-healing and spiritual growth. I wish to inspire others to reconnect with themselves, with the Earth, with the rhythms of nature, and with something greater than ourselves. The oil is both my teacher and my companion on this path, and I share its wisdom so that more people can experience the peace, harmony, and love that it brings.

This book is an offering from my heart to yours. May it serve you well on your journey home to yourself.

*Rachel*

The Venusian Voice of the Sacred Womb Oils



# What do you need?

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*Venus is in an Water sign right now, This recipe uses the Blue Lotus — one of the most sacred flowers in human history.*

*In other teachings I explain why each recipe is connected to an specific element, If you have questions you can look into these other teachings.*



## Ingredients

For this anointing oil in the element of water we will use:

50ml clean bottle  
Castor or Jojoba Oil  
what ever you prefer, you  
can also mix them.

Essential Oils - 2,3% dilution:  
For both masculine and  
feminine energy:  
•18 drops Blue Lotus  
essential oil  
•3 drops Myrrh essential oil  
•3 drops Myrtle (Gatekeeper)  
essential oil

Other:  
a Candle  
Incense  
Music instrument  
Bowl of water

Safety Note: Always perform a skin test on a small area (inside of wrist) first and wait 24 hours to check for sensitivity. Do not use during pregnancy without consulting an aromatherapist. Avoid contact with eyes and mucous membranes.

# 01 The Power of Venus in Scorpio

## Why This Practice Matters Now

Venus in Scorpio brings a profound process of initiation, transformation, and discipleship. This is the moment when we are invited to pass through the gates of the underworld, release our ego, and rediscover our true essence. Scorpio stands under the influence of Sirius — the Dog Star — a star that activates hierarchy, cosmic memory, and the seven rays of the Krystal River. This energy works through our energy layers and brings moments of crisis, reorientation, and rebirth.

*"The serpent — Naga — symbolizes wisdom and kundalini power, which can only be received when you dare to know and understand the darkness."*

## The Symbolism of Rebirth

Within the lower dimensions, Venus asks for extra strength and consciousness. Scorpio's sensitivity teaches us that darkness, crisis, and chaos need not have power over you when you live from your true center. The nervous system wants to protect you from pain, fear, and emotions. But ultimately, every human must dare to move through the layers of the ego to awaken. The key lies in listening — truly listening — to yourself in silence. Not everyone truly takes the time for that.

In Scorpio, the ego often encounters three great trials. This requires courage: courage to face deep shadows. Excessive desire, fear, suppressed anger, obsession with control, power games, pride, self-deception, jealousy, and attachment.

*"The true meaning of chaos in your life is that it is always the harbinger of order — of transformation."*

The Venusian Voice of the Sacred Womb Oils

# 02

# The Blue Lotus — The Most Sacred Flower

## Why This Practice Matters Now

The Blue Lotus is one of the most sacred flowers in human history. She was used by high priestesses across all continents — particularly in ancient Egypt, India, and among the Maya.

In Egyptian rituals, Blue Lotus oil and plant medicine were a sacred instrument for priests and priestesses to reach trance states and gain access to higher realms of knowledge and divine wisdom. There is even an ancient story in which the gods debated which flower was more beautiful: the Rose or the Blue Lotus.

Today, Blue Lotus oil remains rare and precious. If it is not accessible to you, it is perfectly fine to use regular Lotus (white or pink). The essence remains deeply sacred.

## The Symbolism of Rebirth

The Blue Lotus blooms with the morning sun, submerges at night, and rises again at dawn — symbolizing the eternal cycle of life, death, and rebirth. She teaches us that even when we are submerged in darkness, even when we are deep in the mud of our emotions, we will rise again. And when we do, nothing clings to us — the Lotus has formed a natural protective layer. This flower is intimately connected with the Goddess Isis, Hathor, and Sekhmet and the Divine Feminine, embodying compassion, intuition, sacred sexuality, and ancient rites. She helps us balance the masculine and feminine energies within ourselves, known as Hierogamic Union — the sacred union of opposites in harmony. She also helps with our sexuality and being honest about it. In ancient times, special rituals were organized for this.

The Venusian Voice of the Sacred Womb Oils

## Properties of Blue Lotus

- Calms the nervous system and dissolves emotional blockages
- Opens the third eye and improves inner sight
- Awakens Kundalini energy and intuitive knowing
- Connects with the crown chakra and expands spiritual insight
- Helps navigate emotions from a higher perspective
- Supports dreamwork, visions, and astral travel
- Balances masculine and feminine within

## A Gift from Venus

There was a study in Germany that discovered Blue Lotus in the tomb of Tutankhamun. Scientists compared the ancient specimen — more than 3,600 years old — with Blue Lotus flowers growing today. They discovered that the frequency had remained unchanged. That is why the Blue Lotus is truly a gift from Venus.



"Beloved Blue Lotus,  
born from the depths,  
you rise through the  
dark where emotions  
sleep. Lead us gently  
through inner tides,  
so we do not drown  
where shadow hides."

# The Oil Carries Codes

*This oil contains codes — activated by Venus and the Krystal River. She is not just a blend of plant essences. She is an activated spirit, an ally who works with you on your path of transformation.*

The codes in the oil resonate with the codes in your field. When you anoint, a recognition takes place — cell by cell, layer by layer. What lay dormant is awoken. What was forgotten is remembered.

## **The Journaling**

Journaling opens doors you might prefer to keep closed. That is precisely the intention. The questions are not a test, but a mirror. They invite you to look honestly at patterns you unconsciously repeat: where you seek control out of fear, where you hide anger behind kindness, where you still wait for recognition from outside. This is not judgment — this is liberation.



# 03

## The Daily Anointing

*"The oil opens the field — your higher self does the rest. She is your ally, awakened by Venus, carried by the Krystal River, and now in your hands*

### Who Are You Really?

Each drop on your forehead is a reminder: I am more than this body, more than these thoughts, more than these emotions. The oil works not through magic from outside, but by activating your own consciousness. She tells you what you actually already know but have forgotten.

Expect no fireworks. Expect subtlety. Like clarity in the middle of the day. Or a dream that brings answers. A conversation that comes precisely when you need it. A synchronicity you cannot ignore.

Expect no fireworks. Expect subtlety. A sudden clarity in the middle of the day. A dream that brings answers. A conversation that comes precisely when you need it. But also expect intensity: emotions rising to the surface, old pain wanting to be seen, patterns finally breaking. The oil opens the field — your higher self and the spirit of the oil do the rest together.



# 04

# The Kundalini Awakening Ritual

This ritual combines the Sacred Womb Oil with the element water and the blue lotus to facilitate a powerful transformation.

## Preparation

- A bowl of pure water
- Blue lotus petals or blue lotus tea
- Your Sacred Womb Oil
- A candle (preferably white or purple)
- A quiet, sacred space

## The Ritual

### ✓ Step 1 — Open the Space

Light the candle and place the bowl of water with blue lotus before you. Close your eyes and take three deep breaths. Set your intention for this ceremony: releasing the ego and awakening your inner sun.

### ✓ Step 2 — Anointing of the Forehead (Third Eye)

Apply a drop of oil to your index finger. Gently touch the center of your forehead and speak: "I open my inner sight. I dare to see what is hidden."

### ✓ Step 3 — Anointing of the Higher Heart

Apply a drop of oil to your thymus (the area between heart and throat). Speak: "I am ready to peel away all layers of my heart to find harmony within myself."

### ✓ Step 4 — Kundalini Meditation

Visualize a golden serpent gently awakening at the base of your spine. With each breath, this energy rises upward, through each chakra, to your crown chakra. Feel how the energy fills your entire being with light.

### ✓ Step 5 — Lotus Washing Ritual

Dip your hands in the lotus water. Symbolically wash your face, forehead, and heart. This represents the release of the ego and the awakening of your inner sun. Speak: "I release what no longer serves I shed the serpent skin now. I remember who I truly am."

### ✓ Step 6 — Shedding the Old Skin (Completing the Ritual)

The oil is only fully activated once you have completed this final step: symbolically washing away your old skin and embracing the new. Like the serpent who sheds her skin to be reborn, you too release the old layers of who you thought you were.

You may perform this washing ritual at the bowl with lotus water, or you may choose to do this under the shower or in a bath. As the water flows over you, visualize it carrying away the old — the patterns, the fears, the attachments that no longer serve your highest path. Feel your new skin emerging: fresh, radiant, ready to receive the light.

Speak: "I shed my old skin. I embrace my rebirth. I am transformed."

## ⚠ Safety Note:

*If you choose to perform this washing ritual under the shower or in a bath, please take extra care — the oils may make the floor slippery. Ensure you have a non-slip mat or hold onto something stable. Your physical safety is just as important as your spiritual transformation.*

*"The oil is only fully activated after the ceremony, when you have washed yourself in the lotus water — as a symbol for the death of the ego and the birth of the sun. The shedding of the old skin completes the transformation." Sing the Maha Kali mantra if you know it.*



# 05

# Journal Questions for Transformation

*Use these questions for self-reflection after the ceremony or during the Venus in Scorpio transit. Take time to look at yourself honestly.*



## Releasing the Ego

1. What would change if I completely let go of my need for control?
2. When do I feel most threatened? What does this say about my ego structure?
3. Which version of myself am I afraid to let die?

## Shadow Work

1. Which emotions do I suppress or try to avoid?
2. Where in my life do I play power games — consciously or unconsciously?
3. What is my relationship with jealousy? What does it tell me about my deeper desires?
4. Which part of my past have I not fully integrated or forgiven?

## Awakening Powers

1. What would I do if I were completely free from fear?
2. What would my life look like if I lived completely from my soul?
3. Which relationship or situation is now asking for transformation?

*Journaling opens doors you might prefer to keep closed. That is precisely the intention. The questions are not a test, but a mirror. They invite you to look honestly at patterns you unconsciously repeat: where you seek control out of fear, where you hide anger behind kindness, where you still wait for recognition from outside. This is not judgment — this is liberation.*

# 06

## Daily Practice

*This meditation is designed to help you connect with your wholeness, awaken your Kundalini, and remember your true nature. You can practice it before or after anointing, or as a standalone meditation whenever you need to return to center*

### Preparation

Integrate the energy of Venus in Scorpio into your daily life with this simple practice.

### Morning

Apply one drop of oil to your forehead. Speak your intention for the day. Take three conscious breaths.

### During the Day

When you are challenged, remind yourself: "I am here to learn. What triggers me shows me where growth is possible."

### Evening

Apply one drop of oil to your neck/thymus. Speak: "I receive everything I need to recharge and restore myself."



# 07

## Invocation of the Blue Lotus – Egyptian Temple Style

*Beloved Blue Lotus — Eye of Ra. We remember you from Egypt, India, Maya, and Asia. In you we feel the Divine Mother in her many forms. We allow her to work through us*

### Blue Lotus, bless the diamond light in this oil.

Blue Lotus: You carry the crystalline Venusian life force. Your diamond light activates the codes of our twelve-strand DNA. You remind us of the spark of our emerald diamond lotus heart.

You carry the codes to activate soul power — in Egypt this was called KA.

You guide us through the zodiac signs with solar wisdom, to remember that we are greater. **Bring forth now the healing waters of the Edons Umshaddhi.**

You are the gate between worlds. Help us awaken the Kundalini from the underworld. Guide us to the light of the upper world. As Hercules did with the 8-headed Hydra serpent. **De-Va' en-Tur'-A E-sta en-TaO Rei-ha-VA-ah Un-Krystal-LO**

You are a great light, as Sirius is for our Sun. When the days are dark, we carry you on our heart so you can connect us with the inner Observer.

Blue Lotus, bless the diamond light in this oil. Let your memory, your truth, your power live through us.

Higher Self, Higher Mind, Higher Heart 3x

**Un....Ne ya'StA Ta DE — Un....E-Tur-No A-Ha-DE A-  
Resh Dha Shi**



# 08

# Daily Practice and Integration



*The power of sacred anointing and relationship healing is not found in a single dramatic experience but in the consistent daily practice of remembrance. What follows are practical ways to integrate these teachings into your everyday life.*

## Morning Anointing Ritual

Begin each day by anointing yourself before you interact with others. This sets the tone for your day and reminds you of your wholeness before the world has a chance to pull you into old patterns.

Take a few moments of silence. Anoint your heart center and whisper to yourself: I am whole. I am loved. I am enough.

**Then anoint your right ear, reminding yourself that no external voice has power over your inner peace unless you give it that power.**

# The Commitment to Yourself

*Now comes the most important part: the daily commitment to remember. Knowledge without practice remains theoretical. Understanding without application does not create transformation. You must choose, again and again, to show up for yourself.*

## Your Daily Anointing process

This means anointing yourself daily, even when it feels silly or unnecessary. This means meditating regularly, even when your mind resists stillness. This means journaling about your relationships, even when the insights are uncomfortable. This means choosing compassion over judgment, even when judgment feels more satisfying in the moment.

There will be days when you forget. Days when you fall back into old patterns of blame, victimhood, or separation. This is normal. This is part of the process. The question is not whether you will stumble. The question is: Will you get back up? Will you return to your practice? Will you choose remembrance once again?



# The Ripple Effect

*As you heal your relationship with yourself, as you remember your wholeness, as you anchor your soul more fully into your physical body, you become a beacon of light for others. You do not need to preach or teach or convince. Simply by being a living example of integrated consciousness, you give others permission to awaken.*

Your peace creates a field of peace around you. Your love radiates outward and touches everyone you encounter. Your wholeness reminds others of their own wholeness. This is service at the highest level: to embody your truth so completely that others can feel it and are inspired to remember their own.

## A Final Blessing

May you remember, every single day, that you are a divine being having a temporary human experience. May you see the beauty in every soul you encounter, even when their personality is challenging.

May you maintain your sacred connection to Source, no matter how chaotic the external world becomes.

May your relationships become mirrors of love rather than mirrors of fear. May your environment grow quieter as your inner world grows more peaceful. May you know, in the depths of your being, that you are already whole, already perfect, already loved beyond measure.

**And may you always remember: Separation from God is but an illusion. Eternal unity is the only eternal divine truth existing.**

With so much love,

*Rachel*